



Girl Scouts Heart of Central California  
6601 Elvas Ave  
Sacramento, CA 95819  
916.452.9181  
[www.girlscoutshcc.org](http://www.girlscoutshcc.org)

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Under Construction 2010 at Camp Menzies July & August

[http://www.girlscoutshcc.org/gshccadmin/site1/girlscouts/camp/residentCamp\\_A\\_ZCadettes.asp](http://www.girlscoutshcc.org/gshccadmin/site1/girlscouts/camp/residentCamp_A_ZCadettes.asp)

explore...  
around camp. Try rock climbing, kayaking,  
mountain biking and a challenge course  
or zip line during special day and  
overnight trips out of camp. Sleep  
in sleeping cabins.

**UNDER CONSTRUCTION**  
Entering Grades: 7th-12th  
Session: 11 & 13 (15 days) | \$475  
Be part of a special construction crew of girls ages  
13-18 and members of the Sacramento Chapter of  
NAWIC (National Association of Women in Construc-  
tion). Swing hammers, pound nails and learn how to use  
power tools as you build a new sleeping cabin at Camp  
Menzies. Sleep in platform tents. Girls will return home  
between sessions 11 and 13.

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